

**MINISTER OF YOUTH AND SPORTS
OF THE REPUBLIC OF INDONESIA**

- To:
1. All Governors in Indonesia;
 2. All Regents and Mayors in Indonesia
 3. All Youth Partner Leaders of the Minister of Youth and Sports: and
 4. All Sport Partner Leaders of the Minister of Youth and Sports.

**CIRCULAR LETTER
NUMBER: 6.11.1/MENPORA/VI/2020**

REGARDING

**PROTOCOL FOR THE PREVENTION OF SPREAD OF THE CORONA VIRUS DISEASE
(COVID-19) IN YOUTH AND SPORTS ACTIVITIES IN SUPPORTING THE CONTINUANCE
OF RECOVERY OF ACTIVITIES THROUGH ADAPTATION OF LIFE-STYLE CHANGE IN
THE NEW NORMAL MANDATE**

A. BACKGROUND

In the framework of supporting the continuance of youth and sports activities during the Corona Virus Disease 2019 (COVID-19) pandemic, it is necessary to carry out the arrangement on the prevention of the spread of COVID-19 on the implementation of youth and sports activities through the adaptation of life-style change during the COVID-19 situation (New Normal). With the implementation of this protocol, it is expected to minimize the risks and the effect of the COVID-19 pandemic on youth and sports activities where there is potential of COVID-19 spread due to the gathering of a number of/considerable amount of people in one particular location.

B. LEGAL BASES

1. Law Number 1 of 1970 regarding Work Safety;
2. Law Number 4 of 1984 regarding Outbreak of Communicable Diseases;
3. Law Number 5 of 2003 regarding National Sports System;
4. Law Number 24 of 2007 regarding Disaster Management;
5. Law Number 25 of 2009 regarding Public Service;
6. Law Number 36 of 2009 regarding Health;
7. Law Number 40 of 2009 regarding Youth;
8. Law Number 12 of 2010 regarding Scouts;
9. Law Number 6 of 2018 regarding Health Quarantine;
10. Law Number 50 of 2012 regarding Work Safety and Health Management System;
11. Law Number 88 of 2019 regarding Work Health;
12. Government Regulation Number 21 of 2020 regarding Large-Scale Social Restrictions for the Purpose of Accelerating the Handling of the Corona Virus Disease 2019;
13. Presidential Decree Number 11 of 2020 regarding the Stipulation of Corona Virus Disease 2019 (COVID-19) as Public Health Emergency;
14. Presidential Decree Number 12 of 2020 regarding the Stipulation of the Corona Virus Disease 2019 (COVID-19) as a Non-Natural National Disaster;
15. Minister of Health Regulation Number 9 of 2020 regarding Guidelines for Large-Scale Social Restrictions to Accelerate the Handling of Corona Virus Disease 2019;
16. Minister of Health Decree Number HK.01.07/Menkes/247/2020 regarding Guidelines for Prevention and Control of Corona Virus Disease 2019 (COVID-19).
17. Circular Letter of the Task Force for the Acceleration of Handling COVID-19 Number 5 of 2020 regarding Amendment of Circular Letter Number 4 of 2020 regarding Criteria on Restricting the Traveling of People for the Purpose of Accelerating the Handling of the Corona Virus Disease 2019.

C. GENERAL PROVISIONS

In this Circular Letter, what is meant by:

1. Organizer is individual and/or a group of individuals responsible for the execution of an activity in the sector of youth and/or sports based on the qualifications and competence in each sectors;
2. Participant is an individual, individuals, a group of individuals, or public groups, in the activities of;
 - a. Youth in this Circular Letter shall be referred to as participants.
 - b. Sports in this Circular Letter shall be referred to as athlete, coach, and/or official.
3. Spectator is person, persons, a group of individuals, or community groups which carries out spectating activities on a youth activity and/or sport activity;
4. Sports activities of Centralization of National Training (*Pelatnas*), Centralization of Regional Training (*Pelatda*), Centralization of Provincial Training (*Pelatprov*), Centralization of District Training (*Pelatkab*), Centralization of City Training (*Pelatkot*) and/or Training by the Main Sports Organizations and/or Clubs is the national training activities of one branch of sports with the purpose of preparing of facing a certain sports event;
5. Sports activities in the form of championship/event/competition/tournament is a form of sports activities intended for the purpose of winning at a certain time.
6. Recreational sports activities are sports activities conducted by the society with interest and capability which grows and develops based on the condition and the cultural value of the local community for health, wellness, and joy.
7. Phase is the phases of time for activities conducted based on the situations and policies of the Task Force for the Acceleration of Handling COVID-19 in determining the status of a certain region in accelerating the handling of COVID-19.

D. PURPOSE AND OBJECTIVE

1. This Circular Letter is intended to increase the support and cooperation of cross institutions, regional government, youth and sports institutions/organizations/community along with all related stakeholders in an effort to prevent the spread of COVID-19 in places of youth and sports activities that uses public areas;
2. Instruct all heads in line at each institutions/organizations/communities to implement health protocols in preventing the transmission of COVID-19 for the implementation of youth and sports activities during and after Large Scale Social Restrictions (PSBB) in the framework of accelerating the handling of COVID-19 through adapting life-style change in the new normal mandate.

E. SCOPE

1. Activities related to sports;
2. Activities related to youth.

F. TECHNICAL IMPLEMENTATION

1. For Central or Regional Government Institutions and Youth and Sports Service Office along with Youth Partners and Sports Partners of the Ministry of Youth and Sports:
 - a. Enable the carrying out of the process of coordination and activity preparation meeting through video conference between the related parties;
 - b. Order the implementation of periodical cleaning and disinfection in the areas of youth and sports activities;

- c. Provide adequate and accessible hand washing facilities for all participants (athletes, coaches, and/or officials) of youth and sports activities;
- d. Ensure that the organizers of youth and sports activities understands self-protection from the spread of COVID-19 with the Clean and Healthy Behavior (PHBS);
- e. Ensure that activities is not carried out in a Large-Scale Social Restriction (PSBB) area stipulated by the local regional Government. Therefore, the escalation of phases of the level of activity is contingent on the recommended condition by the central or regional Task Force for the Acceleration of Handling COVID-19.
- f. Carry out body temperature screening for all organizers, participants (athletes, coaches, and/or officials) and spectators of activity before the activity starts at the entrance. If an organizer, participant (athlete, coach, and/or official) and/or spectator of activity is found with a temperature of $>37,3^{\circ}\text{C}$ (2 time screening with a period of 2 minutes), shall not be allowed to enter and shall be requested to conduct health examination;
- g. Require the organizers, participants (athlete, coach, and/or official) and spectators to wear masks;
- h. Put up information media to remind organizers, participants (athletes, coaches, and/or officials) and spectators to comply with the terms of physical distancing and wash hands with soap and running water/hand sanitizer along with being discipline to wear masks;
- i. Carry out physical distancing with a minimum of 1 meter:
 - 1) Provide special signage for physical distancing placed in the floor area:
 - a) That is full of participants (athletes, participants, and/or officials) such as changing rooms, elevators, and other areas;
 - b) That is full of spectators such as spectator seating, elevators, and other areas;
 - 2) Arrangement of the number of participants (athletes, coaches, and/or officials) and spectator entering to ease the implementation of physical distancing;
 - 3) Seating arrangement with minimum distance of 1 meter;

- j. Carry out efforts to minimize the contact between organizers and spectators:
 - 1) Use barrier/partition (for example plexiglass) in tables or counters as an added protection for organizers;
 - 2) Encourage the use of non-cash payment method (without direct contact and without shared payment device) if the activity is to be spectated by collecting entry fee/tickets;
- k. Prevent the crowding of spectators, which may be carried out by:
 - 1) Delivering announcement as early as possible to the public regarding:
 - a) the number of seats available for spectators in the activity area which will be used;
 - b) radio station, television station, and streaming media services which may be accessed whether by direct broadcast or delayed broadcast (if such activity is stated to be viewed and accessed by the general public).
 - 2) Control the number of participants (athletes, coaches, and/or officials) and spectators that may enter the activity facility to limit access and avoid crowding;
 - 3) Implement queue system in each entrance by maintaining consistent physical distance with a minimum of 1 meter;
 - 4) Provide signage in activity areas to facilitate compliance of physical distancing;
 - 5) Provide screening facility outside the activity area to facilitate the spectators that does not have access to enter the place of activity due to the limited number of seats to ensure the compliance of ensuring physical distancing;
- l. Provide health workers and health service facilities although in limited scope, however may be used as services in emergency situations;
- m. Provide service facilities to comply with the requirement to carry out mobility intercity and or interprovince in so far it is included in the criteria of sectors permitted to carry out mobility by the Task Force regarding the Criteria on Restricting the Traveling of People for the Purpose of Accelerating the Handling of the Corona Virus Disease 2019 (COVID-19).

2. For participants (athletes, coaches, and/or officials) of youth and sports activities;
 - a. Enable the carrying out of preparation training process for the participant's (athlete, coach, and/or official) through video conference with the guidance of each participant's person-in-charge.
 - b. Ensure health condition before heading to the place of activity. The participant (athlete, coach, and/or official) that is experiencing symptoms such as fever/coughing/runny nose/throat pain is advised to not participate in the activity and must immediately head to the nearest health facilities for examination.
 - c. Comply with body temperature screening before starting the activity on entrance. If a participant (athlete, coach, and/or official) of activity is found with a temperature of $>37,3^{\circ}\text{C}$ (2 time screening with a period of 2 minutes), shall not be allowed to enter and shall be requested to conduct health examination;
 - d. Maintain the cleanliness of hands by frequent hand washing with soap and running water or using hand sanitizer;
 - e. Avoid hands in touching the face area such as eyes, nose, and/or mouth;
 - f. Keep observing physical distancing of a minimum of 1 meter when facing one another during the occurrence of activity;
 - g. Use masks before, during, and after activity;
 - h. Immediately shower and change clothes before making contact with a family member at home and also clean handphones, glasses, bags, and other goods with liquid disinfectant.

3. For spectators of youth and sports activities:
 - a. Required to use masks at the place of activity that are being spectated;
 - b. Follow body temperature screening before activity starts in entrance. If a spectator of activity is found with body temperature $>37,3^{\circ}\text{C}$ (2 time screening with a period of 2 minutes), shall not be allowed to enter and shall be requested to conduct health examination;
 - c. Maintain the cleanness of hands by frequent hand washing with soap and running water or using hand sanitizer;

- d. Avoid hands in touching the face area such as eyes, nose, and/or mouth;
- e. Keep observing physical distancing of a minimum of 1 meter when facing one another during the occurrence of activity;
- f. Immediately shower and change clothes before making contact with a family member at home and also clean handphone, glasses, bags, and other goods with liquid disinfectant.

G. REPORTING

The persons in charge of each activities must report periodically on the implementation of this Circular Letter to the local Head of Task Force for the Acceleration of Handling COVID-19 with copies to the local Youth and Sports Service Office, to be forwarded periodically to the Ministry of Youth and Sports.

H. HANDLING AND MONITORING

- 1. The socializing, controlling, monitoring, and guidance shall be carried out by the Joint Team from the elements of the Youth and Sports Service Office, Central National Sports Committee of Indonesia (*KONI*), National Olympics Committee of Indonesia (*KOI*), National Indonesia Sport for All Federation (*FORMI*) and related institutions;
- 2. Each violation will be dealt firmly and may be subject to sanctions in accordance with the provisions of laws and regulations.

I. APPENDIX

Matrix of the phases of sports activities as attached is an integral part of this Circular Letter.

G. CLOSING

This Circular Letter is used as a guidance in carrying out monitoring and socializations for the implementation of youth and sports activities.

Thus, this Circular Letter is submitted to be carried out with full responsibility and in accordance with the provisions of the applicable laws and regulations.

Stipulated in Jakarta

On June 11, 2020

MINISTER OF YOUTH AND
SPORTS OF THE REPUBLIC OF
INDONESIA

(Signed and Stamped)

DR. H. ZAINUDIN AMALI M.SI

Copies of this Circular Letter are conveyed to:

1. Coordinating Minister of Human Development and Culture of the Republic of Indonesia
2. Minister of Home Affairs of the Republic of Indonesia;
3. Minister of Health of the Republic of Indonesia;
4. Head of the Task Force of the Acceleration of Handling COVID-19;
5. Echelon I Officials within the Ministry of Youth and Sports;
6. Heads of Youth and Sports Service Offices Throughout Indonesia
7. Chairperson of the Scout Movement Quarter

8. Chairperson of the Central National Sports Committee of Indonesia (*Komite Olahraga Nasional Indonesia*);
9. Chairperson of the National Olympics Committee of Indonesia (*Komite Olimpiade Indonesia*);
10. Chairperson of the National Indonesia Sports for All Federation (*Federasi Olahraga Rekreasi Masyarakat Indonesia*).

Appendix :
Number : 6.11.1/MENPORA/VI/2020

Phases of Implementation of Sports Activities Towards the New Normal Mandate

No.	Types of Sports Activities	Phase 1	Phase 2	Phase 3
1.	Centralization of National Training (<i>Pelatnas</i>), Centralization of Regional Training/Centralization of Provincial Training (<i>Pelatda/Pelatprov</i>), Centralization of City Training (<i>Pelatkot</i>) and Training by Clubs.	<ol style="list-style-type: none"> 1. Prohibited from participating in trials within or outside the country. 2. Prohibited from participating in regency/city, regional/provincial, national as well as international championships/sports week. 3. <i>Pelatnas</i>, <i>Pelatda/Pelatprov</i>, <i>Pelatkab/Pelatkot</i>, and training by clubs can be carried out by parent of individual sports by isolating the training ground and or place of residence and strictly following COVID-19 prevention and control protocols after obtaining a license from the authorities, 	<ol style="list-style-type: none"> 1. Prohibited from participating in trials within or outside the country. 2. Prohibited from participating in regency/city, regional/provincial, national as well as international championships/sports week. 3. <i>Pelatnas</i>, <i>Pelatda/Pelatprov</i>, <i>Pelatkab/Pelatkot</i>, and training by clubs can be carried out by parent of general sports (both individuals or teams) by isolating the training ground and place of residence, strictly following COVID-19 prevention and control protocols after obtaining a 	<ol style="list-style-type: none"> 1. May participate in trials within or outside the country. 2. May participate in limited regency/city, regional/provincial, national as well as international championships/sports week while still following COVID-19 prevention and control protocols. 3. <i>Pelatnas</i>, <i>Pelatda/Pelatprov</i>, <i>Pelatkab/Pelatkot</i>, and training by clubs can be carried out by parent of sports by isolating the training ground and or place of residence, strictly following COVID-19 prevention and control protocols after

		<p>and fulfilling among others the following provisions:</p> <ol style="list-style-type: none"> a. Conduct PCR tests for all personnel involved; b. Required to wear masks except when doing exercises; c. Washing hands with soap before and after exercises; d. All exercise equipment shall be disinfected before and after use; e. No physical contact is allowed. <p>4. During exercises, athletes shall be divided into small groups with a minimum distance in the corridor of 4m².</p> <p>5. After exercising, immediately bathe, and clothes that were worn for exercise shall immediately be washed.</p> <p>6. The training ground and accommodation must be disinfected routinely and periodically.</p>	<p>license from the authorities, and fulfilling among others the following provisions:</p> <ol style="list-style-type: none"> a. Conduct PCR tests for all personnel involved. b. Required to wear masks except when doing exercises. c. Washing hands with soap before and after exercises. d. All exercise equipment shall be disinfected before and after use. e. No physical contact is allowed, except for contact during a match and specifically for several certain sports among others: martial arts, boxing, wrestling, game sports and other sports. f. For the record: for Pelatnas activities, the Ministry of Youth and Sports shall facilitate the 	<p>obtaining a license from the authorities, and fulfilling among others the following provisions:</p> <ol style="list-style-type: none"> a. Conduct PCR tests for all personnel involved. b. Required to wear masks except when doing exercises. c. Washing hands with soap before and after exercises. d. All exercise equipment shall be disinfected before and after use. e. No physical contact is allowed, except for contact during a match and specifically for several certain sports among others : martial arts, boxing, wrestling game sports and other sports. f. For the record: for Pelatnas activities, the Ministry of Youth and
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		<p>7. If the provisions of points (3) and (4) can not fulfilled, teams may still carry out exercise activities independently with training guidance and long-distance supervision (virtual training).</p> <p>8. Monitoring and supervision of the implementation of the aforementioned training program may be carried out by KOI, KONI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.</p>	<p>provision of Rapid Tests and PCR.</p> <p>4. During exercises, athletes shall be divided into small groups with a minimum distance in the corridor of 4m².</p> <p>5. After exercising, immediately bathe, and clothes that were worn for exercise shall immediately be washed.</p> <p>6. The training ground and accommodation must be disinfected routinely and periodically.</p> <p>7. If the provisions of points (3) and (4) can not fulfilled, teams may still carry out exercise activities independently with training guidance and long-distance supervision (virtual training).</p> <p>8. Monitoring and supervision of the implementation of the aforementioned training program may be carried out by KOI, KONI and Youth and</p>	<p>Sports shall facilitate the provision of Rapid Tests and PCR.</p> <p>4. During exercises, athletes shall be divided into small groups with minimum distance in the corridor of 4m².</p> <p>5. After exercising, immediately bathe, and clothes that were worn for exercise shall immediately be washed.</p> <p>6. The training ground and accommodation must be disinfected routinely and periodically.</p> <p>7. If the provisions of points (3) and (4) can not fulfilled, teams may still carry out exercise activities independently with training guidance and long-distance supervision (virtual training).</p> <p>8. Monitoring and supervision of the implementation of the aforementioned training program may be carried out</p>
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			Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.	by KOI, KONI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.
2.	Championship Activities/Events/Competitions and or Tournaments	<ol style="list-style-type: none"> 1. No championship matches/events/competitions and or tournaments are allowed. 2. Every club is only permitted to carry out independent sports activities for athletes with the purpose of maintaining fitness. 3. Monitoring and supervision of the implementation of the aforementioned championships/events/competitions, and or tournaments may be carried out by KOI, KONI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels. 	<ol style="list-style-type: none"> 1. Championships/events/competitions and or tournaments of sports games at the regency/city, regional/provincial, area, national, regional, and international may be implemented on a limited basis after obtaining a license from the authorities. 2. All athletes, coaches, and officials must follow COVID-19 prevention and control protocols starting from when entering the competition venue, during the competition and when leaving the competition venue. 3. The venue for sports championships/events/competitions and or tournaments must be disinfected before 	<ol style="list-style-type: none"> 1. Championships/events/competitions and or tournaments of sports games at the regency/city, regional/provincial, area, national, regional and international may be implemented on a limited basis after obtaining a license from the authorities. 2. All athletes, coaches and officials must follow COVID-19 prevention and control protocols starting from when entering the competition venue, during the competition and when leaving the competition venue. 3. The venue for sports championships/events/competitions and or tournaments must be disinfected before

			<p>and after the implementation and provide hand washing facilities with soap in several strategic locations.</p> <p>4. All match organizers, athletes, coaches, and officials must be confirmed as not exposed to COVID-19 by showing the results of a COVID-19-free PCR test.</p> <p>5. Specifically for athletes, coaches and officials as well as match technical personnel (referee and linesman) are required to wear masks before and after the match, and other match personnel are also required to wear masks.</p> <p>6. Before entering the venue for sports championships/events/competitions and/or tournaments, body temperature must be checked.</p> <p>7. During a match, athletes, coaches and officials as well</p>	<p>and after the implementation and provide hand washing facilities with soap in several strategic locations.</p> <p>4. All match organizers, athletes, coaches, and officials must be confirmed as not exposed to COVID-19 by showing the results of a COVID-19-free PCR test.</p> <p>5. Specifically for athletes, coaches and officials as well as match technical personnel (referee and linesman) are required to wear masks before and after the match, and other match personnel are also required to wear masks.</p> <p>6. Before entering the venue for sports championships/events/competitions and or tournaments body temperature must be checked.</p> <p>7. During a match, athletes, coaches and officials as well</p>
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			<p>as match personnel must comply with the physical distancing standards and undergo PCR tests post championships/events/competitions and or tournament.</p> <p>8. Sports games championships/events/competitions and or tournaments may be held without a spectator (to be required, if necessary).</p> <p>9. Monitoring and supervision of championships/events/competitions and or tournaments may be carried out by KOI, KONI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.</p>	<p>as match personnel must comply with the physical distancing standards and undergo PCR tests post championships/events/competitions and or tournament.</p> <p>8. Sports games championships/events/competitions and or tournaments may be held with spectators of a maximum of 30% of the available capacity, by complying with COVID-19 prevention and control protocols regarding spectators provisions as follows:</p> <ol style="list-style-type: none"> a. Minimum age of 17 years and maximum age of 45 years. b. Must show a COVID-19-free statement letter (Rapid Tests with validity period of 3 days, and PCR Tests with validity period of 7 days).
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				<p>c. Must wear masks, maintain distance, and avoid physical contact.</p> <p>d. The provision of item 8.a does not apply to VIP guests, health officials, security and fire fighters</p> <p>9. Monitoring and supervision of championships/events/competitions and or tournaments may be carried out by KOI, KONI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.</p>
3.	Recreational Sports Activities (Community)	1. Community centers and fitness centers both indoors and outdoors, as well as play areas may be opened with a maximum attendance rate of 10 visitors at a time and in one place while still following health protocols. Pregnant women and people of more than 45 years old shall be prohibited.	<p>1. Mass sports such as public gymnastics, bicycle convoys, green walk, etc. can be carried out while maintaining a distance of 4 m² per person while still following health protocols.</p> <p>2. Individual sports and groups sports with a maximum limit of 4 people may be carried out by maintaining a</p>	<p>1. Sports infrastructure can be operational again by keeping the number of attendees limited based on the maximum capacity according to physical distancing.</p> <p>2. Race activities and community sports festivals are permitted to be carried out by still following health</p>

		<p>2. Public swimming pools can be opened while maintaining health protocols and adding guard personnel to:</p> <ol style="list-style-type: none"> a. limit the number of visitors. b. limit the number of users of changing rooms (it is recommended to increase the number of changing rooms). <p>3. Monitoring and supervision of the implementation of community sports may be carried out by FORMI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.</p>	<p>minimum distance of 1.5 m with special requirements and still following health protocols.</p> <p>3. Public swimming pools can be opened with special rules based on special requirements (including physical distancing) and still following the health protocols.</p> <p>4. Race activities and community sports festivals are not permitted.</p> <p>5. Monitoring and supervision of the implementation of community sports may be carried out by FORMI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.</p>	<p>protocols, especially those related to physical distancing.</p> <p>3. Monitoring and supervision of the implementation of community sports may be carried out by FORMI and Youth and Sports Service Offices (<i>Dispora</i>) elements at the provincial, regency and city levels.</p>
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